



## BREAKFAST

EGGS, GRANOLA, AND SWEET BREAKFAST SERVED UNTIL 3:30PM

### FRUITY BEGINNINGS

**Four Flowers Juice** 6.50

a special blend of orange, fresh pineapple, banana and pomegranate juice

**Freshly Squeezed Orange or Grapefruit Juice** 6

**Morning Fruit Bowl** 8.50

grapefruit and orange sections, sliced banana and strawberries

### CEREALS

OATMEAL SERVED UNTIL 11AM

SARABETH'S HOT PORRIDGE 'THREE BEARS STYLE'

#### Baby Bear

hot porridge, milk, honey

#### Mama Bear

hot porridge, fresh cream, raisins, honey

#### Papa Bear

hot porridge, strawberries, bananas, fresh cream, raisins, honey

#### Big Bad Wolf

hot porridge, wheatberries, fresh cream, butter, brown sugar

#### Morning Crunch

freshly roasted granola, strawberries, bananas, raisins, honey, choice of milk or yogurt

### EXTRAORDINARY EGGS & OMELETTES

ALL EGGS SERVED WITH CHOICE OF MUFFIN (ENGLISH, CORN, BRAN, BANANA, PUMPKIN, BERRY CORN) CROISSANT, SCONE OR TOAST (SEVEN GRAIN OR SOURDOUGH) AND PRESERVES

#### Green and White

scrambled eggs, scallions, cream cheese

#### Goldie Lox

scrambled eggs, smoked salmon, cream cheese

#### Classic Eggs Benedict\*

Canadian smoked ham, hollandaise sauce, peppers, chives

#### Salmon Eggs Benedict\*

Irish smoked salmon, hollandaise sauce, peppers, chives

#### Popeye Eggs\*

scrambled eggs on an english muffin, black forest ham, sautéed spinach

#### The Red Omelette

chunky red pepper and tomato sauce, cheddar cheese, dollop of sour cream, chives

#### Garden Omelette

broccoli, corn, sun-dried tomatoes, carrots, Vermont cheddar cheese

#### Farmer's Omelette

leeks, bacon, chunks of potato, gruyère cheese

#### Spinach and Goat Cheese Omelette

**Cheese Omelette with Gruyère or White Cheddar Cheese** 11.50

**Sunnyside Up, Coddled, Scrambled Eggs, Plain Omelette** 10.50

EGGS AND OMELETTES MAY BE ORDERED EGG WHITES ONLY +2

\*NOT SERVED WITH AN ADDITIONAL MUFFIN

*Sarabeth's Serves All-Natural Eggs from Paul Sauder's Pennsylvania Farm*

### SIDES

**Three-Pepper Home Fried Potatoes** 5.50

**Country Bacon Strips** 6.50

**Fresh Chicken Apple Breakfast Sausage** 7

**Holland Pork and Apricot Sausage** 7

**Basket of Sarabeth's Muffins and Legendary Preserves** 12

## SWEET BREAKFAST 15

SERVED WITH WARM ORGANIC MAPLE SYRUP FROM DOERFLER'S FARM

**Fat and Fluffy French Toast with fresh Strawberries, Bananas**

**Lemon and Ricotta Pancakes with Fresh Berries**

**Pumpkin Waffle Topped with Sour Cream, Raisins, Pumpkin Seeds and Honey**

**Buttermilk Pancakes with Fresh Strawberries and Bananas**

**Cheese Blintzes with Sour Cream and Apple Butter**

## LUNCH

SERVED FROM 11AM UNTIL 3:30PM, MONDAY THROUGH FRIDAY

### STARTERS & SIDE DISHES

Sara's Famous **Velvety Cream of Tomato Soup** and **Scrumptious Market Soups** made daily from scratch 9

**Garden Salad** 7.50

mizuna, frisée, arugula, lettuce, radicchio, kalamata olives, cucumber, sherry shallot vinaigrette

**Caesar Salad** 8.50

parmesan crisp, garlic croutons

**Guacamole and Homemade Chips** 9.50

avocado, cilantro, lime juice, tomato, jalapeno peppers

**French Fries** 5.50

#### Grilled Maine Diver Sea Scallops

Belgian endive and spinach salad, warm goat cheese crostini, navel oranges, cherry tomatoes and citrus vinaigrette

#### Grilled Shrimp Salad

avocado, haricot verts, fresh mozzarella, red peppers, sweet corn, chili-lime vinaigrette

#### Maine Lobster Roll

garden salad, homemade chips, coleslaw

#### Mezzi Rigatoni with Green Peas and Italian Sausage

smoked fresh mozzarella, tomato sauce

#### KNK Farm Free-Range Chicken Salad

baby carrots, haricot verts, red potatoes, button mushrooms, peppers, three greens, sherry-shallot vinaigrette

#### Seafood Cobb Salad

Maine lobster, blue crabmeat, Panama shrimp, romaine, confetti tomatoes, egg, avocado, bacon, red onion, maytag bleu cheese

#### Grilled Hanger Steak

sautéed spinach, french fries, sauce bordelaise

#### Free-Range Chicken Pot Pie

pearl onions, baby carrots, potatoes, peas, puff pastry top

#### Chicken Ciabatta Sandwich

fresh mozzarella, arugula, avocado, tomatoes, red onions, maple-mustard mayonnaise, french fries

#### One Great Burger

freshly ground **turkey** or **sirloin**, tomato, avocado, brioche bun, french fries, coleslaw

#### Open Faced Jumbo Lump Crab Cake Sandwich

french fries, tartar sauce, watercress apple salad

#### Lemon-Zested Tuna Salad

grilled sourdough, Kalamata olives, mixed greens, tomatoes marinated in extra virgin olive oil, balsamic vinegar, basil

#### New Classic Club Sandwich

turkey breast, Vermont cheddar, Virginia ham, lettuce, tomato, maple-mustard mayonnaise, homemade potato chips

FOR PRIVATE PARTIES PLEASE CONTACT US AT 212.496.6280 OR VISIT [WWW.SARABETHSWEST.COM](http://WWW.SARABETHSWEST.COM)

18% GRATUITY ADDED TO PARTIES OF FIVE OR MORE  
EXECUTIVE CHEF STEPHEN MEYERS - CHEF DE CUISINE CLARENCE QUINONES