



BREAKFAST

EGGS, GRANOLA, AND SWEET BREAKFAST SERVED UNTIL 3:30PM

FRUITY BEGINNINGS

Four Flowers Juice 6.5

a special blend of orange, fresh pineapple, banana and pomegranate juice

Freshly Squeezed Orange or Grapefruit Juice 6

Morning Fruit Bowl 8.5

grapefruit and orange sections, sliced banana and strawberries

CEREALS

OATMEAL SERVED UNTIL 11AM

SARABETH'S HOT PORRIDGE 'THREE BEARS STYLE'

Baby Bear

hot porridge, milk, honey

Mama Bear

hot porridge, fresh cream, raisins, honey

Papa Bear

hot porridge, strawberries, bananas, fresh cream, raisins, honey

Big Bad Wolf

hot porridge, wheatberries, fresh cream, butter, brown sugar

Morning Crunch

freshly roasted granola, strawberries, bananas, raisins, honey, choice of milk or yogurt

EXTRAORDINARY EGGS & OMELETTES

ALL EGGS SERVED WITH CHOICE OF MUFFIN (ENGLISH, CORN, BRAN, BANANA, PUMPKIN, BERRY CORN) CROISSANT, SCONE OR TOAST (SEVEN GRAIN OR SOURDOUGH) AND PRESERVES

Scrambled Egg Stuffed Popover

scallions and cream cheese

Goldie Lox

scrambled eggs, smoked salmon, cream cheese

Classic Eggs Benedict*

Canadian smoked ham, hollandaise sauce, peppers, chives

Salmon Eggs Benedict*

Irish smoked salmon, hollandaise sauce, peppers, chives

Popeye Eggs*

scrambled eggs on an english muffin, black forest ham, sautéed spinach

The Red Omelette

chunky red pepper and tomato sauce, cheddar cheese, sour cream and chives

Garden Omelette

mushroom, asparagus, summer squash, cheddar cheese

Farmer's Omelette

leeks, bacon, potato, gruyère cheese

Spinach and Goat Cheese Omelette

Basque Chorizo and Sweet Pepper Frittata

manchego cheese

Cheese Omelette with Gruyère or White Cheddar Cheese

EGGS AND OMELETTES MAY BE ORDERED EGG WHITES ONLY +2

*NOT SERVED WITH AN ADDITIONAL MUFFIN

Sarabeth's Serves All-Natural Eggs from Sullivan County Farm N.Y.

SIDES

Three-Pepper Home Fries

Applewood Smoked Bacon

Chicken and Apple Breakfast Sausage

Pork and Apricot Breakfast Sausage

Basket of Sarabeth's Muffins and Legendary Preserves

SWEET BREAKFAST 15

SERVED WITH WARM ORGANIC MAPLE SYRUP FROM DOERFLER'S FARM

Fat and Fluffy French Toast with fresh Strawberries, Bananas

Lemon and Ricotta Pancakes with Fresh Berries

Pumpkin Waffle Topped with Sour Cream, Raisins, Pumpkin Seeds and Honey

Buttermilk Pancakes with Fresh Strawberries and Bananas

LUNCH

SERVED FROM 11AM UNTIL 3:30PM, MONDAY THROUGH FRIDAY

STARTERS

Sara's Velvety Cream of Tomato Soup and Daily Market Soups 9

Baby Lettuce Salad 8

radish, tomato

Green Bean and Cherry Salad 8.5

bacon, goat cheese, hazelnuts

Tomato and Blue Cheese Salad 8.5

peach, almonds, arugula

Waldorf Salad 8.5

apple, walnut, celery, blue cheese

Guacamole and Homemade Chips 9.5

avocado, cilantro, lime juice, tomato, jalapeno peppers

Grilled Chicken Caesar Salad

parmesan, brioche croutons

Seafood Cobb Salad

Maine lobster, crab, shrimp, avocado, bacon, egg, tomato, bleu cheese

Roasted Chicken Salad

green beans, radicchio, bell pepper

Jumbo Lump Crab Cake Sandwich

frisee salad and french fries

Maine Lobster Roll

coleslaw and homemade potato chips

One Great Burger

freshly ground turkey or sirloin, grilled onion, french fries and guacamole or béarnaise sauce

Rosemary Roast Chicken Sandwich

frisee salad and french fries

Grilled Provençal Vegetable Sandwich

zucchini, tomato, pepper, eggplant, mozzarella

New Classic Club Sandwich

turkey breast, manchego cheese, ham, lettuce and tomato

Macaroni and Cheese

bacon, caramelized onion, broccoli

Lemon-Zested Tuna Salad

frisee salad and French fries

Jumbo Lump Crab Spaghetti

spinach, basil, roasted tomato

Shrimp Risotto

pancetta, asparagus, green peas

Grilled Tuna Niçoise

fingerling potato, green beans, roast tomato

Free-Range Chicken Pot Pie

fresh herbs, root vegetables, sherry sauce

Flat Iron Steak Frites

french fries, béarnaise sauce

PIZZA

Margherita Pizza

buffalo mozzarella, basil, tomato sauce

French Pizza

bacon, potato, gruyère

Shrimp Pizza

baby arugula, roasted red pepper, basil

Fig, Ricotta, and Prosciutto Pizza

fennel, tarragon, citrus zest